

Ted Talks

Mark Bittman: What's Wrong With What We Eat

<http://www.youtube.com/watch?v=5YkNkscBEp0>

Bittman, a food writer for The New York Times, examines how individual actions--namely food choices--contribute to both the detriment of the climate and chronic diseases. He suggests that we eat meat in moderation because agriculture is responsible for more greenhouse gas pollution than transportation.

Anna Lappe: Marketing Food to Children

<http://www.youtube.com/watch?v=0bop3D7-dDM>

Lappe, author of *Diet for a Hot Planet: The Climate Crisis at the End of Your Fork and What You Can Do About It*, questions whether multibillion dollar corporations should be marketing unhealthy foods to impressionable children, especially considering the numerous food-related health issues that are increasingly common among young people.

Tristram Stuart: The Global Food Waste Scandal

http://www.youtube.com/watch?v=cWC_zDdF74s

Stuart laments how supermarkets, cafeterias, bakers, farmers, and other food producers are "literally hemorrhaging" food waste--the majority of which is fit for human consumption, but has been discarded because it is not aesthetically pleasing. He offers a radical solution: "freeganism," a movement in which food that would normally be thrown away is eaten instead.