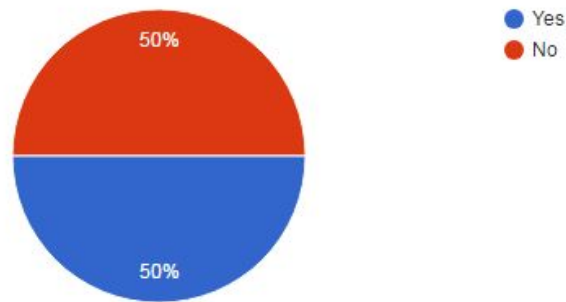


# RBL Revere Elementary Case Study Teacher Survey Results

The following are the results from the teacher survey we distributed to Revere Elementary faculty after our site visit. There was a total of 24 responses. To protect the safety and well-being of the faculty all responses are anonymous.

## RBL Knowledge

Have you previously heard of Recess Before Lunch/Play Before Eat?  
(24 responses)



## Student Behavior Rating

Please rate the student behavior in the classroom after lunch. (24 responses)



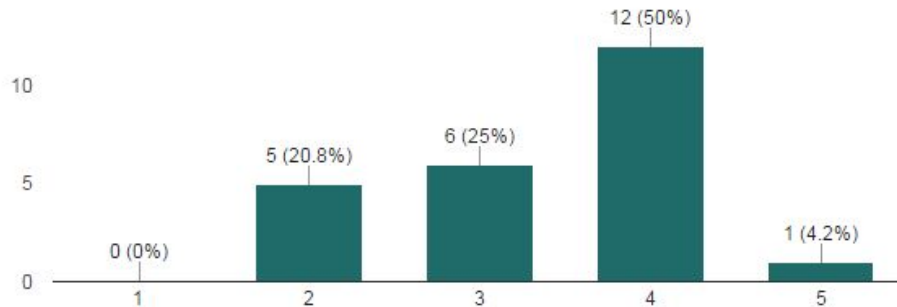
1 - Very Rowdy

5 - Very Calm

% of improvement (4+5) = 37.5% recorded improvement

## Student Focus

Please rate the student focus in the classroom after lunch. (24 responses)



1 - Very distracted

5 - Very Focused

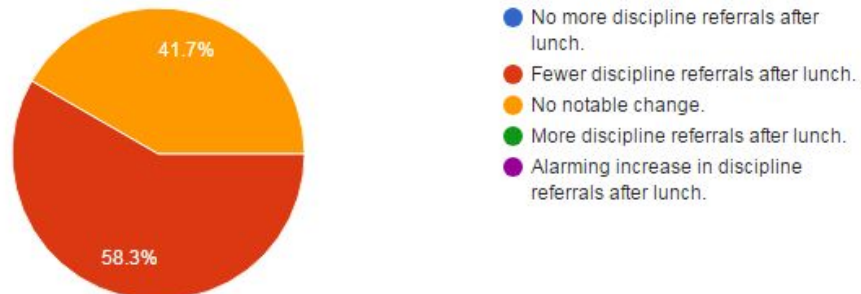
% of improvement (4+5) = 54.2% recorded improvement

- Notable academic performance/behavior comments
  - “Yes, they come in focused and ready to work.”
  - “Having ELD after lunch, they seem to participate more and not be in a food coma.”
  - “I’m haven’t seen major changes in term of improvement in grades or classroom participation. However, I think that it’s better for the children to play first and then eat. This helps them to have a healthier appetite and will more likely eat a variety of food (the five food groups); thus, will help them to get a more well-balanced diet. When children are healthy, they will do better in school.”
  - “Yes because they are more focused after lunch”

## Discipline Referrals

Have you noticed a change in the number of discipline referrals since transitioning to RBL?

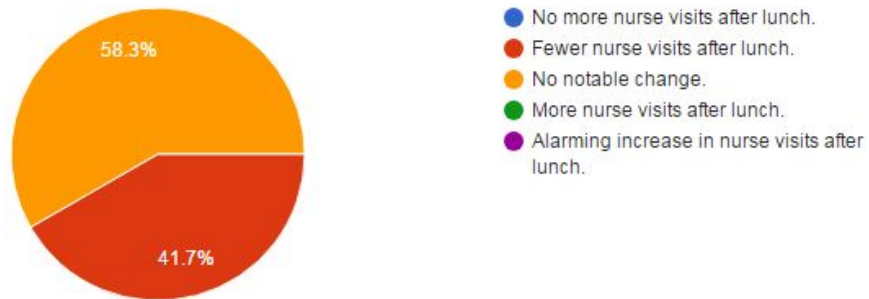
(24 responses)



## Nurse visits

Have you noticed a change in nurse visits since transitioning to RBL?

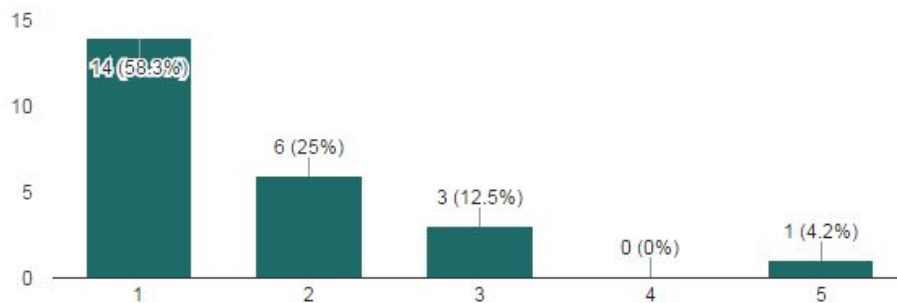
(24 responses)



## Transition difficulty

In your opinion, how difficult was the transition to RBL scheduling?

(24 responses)



1 - No difficulty

5 - Very difficult

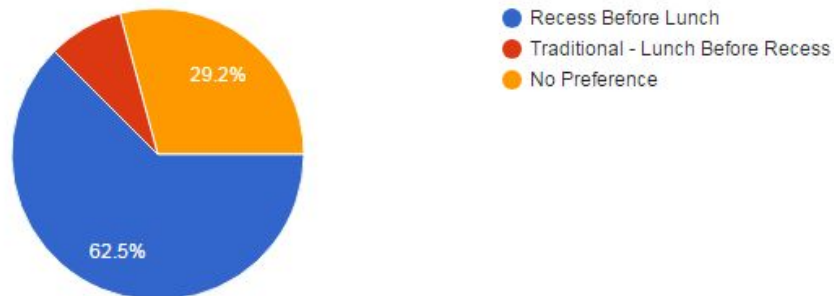
% of not difficult (1+2) = 83.3%

- Notable Comments:

- "This whole year had many changes to the times and schedules, so I think that it went with all the changes."
- "They have 45 minutes total, so they just flipped the schedule to RBL. This isn't difficult in my mind."
- "The supervisors handled the transition well."
- "After lunch, we have ELD. My ELD group has very few of my own students. My students are better behaved than some of the other students on my grade level."
- "We established the system and the kids followed it."

## Preferred schedule

Which school lunch schedule do you prefer? (24 responses)



- Comments on Likes/Dislikes

- Likes:

- “Kids are more focused on eating since everyone else is.”
    - “Less discipline referrals now. Maybe they get all their energy out first, so they are calmer for the eating part of lunch?”
    - “Students don't rush off to play thus skipping their meal. They come back to class more relaxed and calm.”
    - “I think rbl is better than recess after lunch. Usually, it's harder to be active right after you eat. The children need to be active at every opportunity they get, since too many are not getting enough exercise at home.”
    - “I like that they take there time to eat instead of skipping half of their lunch to hurry to play.”
    - “More students end up finishing their food because they are not rushed to go out and play.”
    - “Students seem much calmer when they return to class.”

- Dislikes

- “Kids come in with dirty hands and faces.”

- Comparison

- “Pros: Kids have more time to play with the RBL program. After lunch, all students are situated in one place, making it easier to line up. Kids do not rush to eat, or neglect eating to be able to play faster.  
Cons: With lunch being scheduled so late for upper grade students, I think that it makes them more hungry. Sometimes kids are barely finished with their lunch when the bell has rung.”

## Additional Comments

- Students are less sweaty after lunch, because they have time to cool down.
- I like it! Keep it up!